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SARAH **WILSON**

GOOD AFTERNOON AND WELCOME TO TODAY'S BARCLAYS WOMEN'S SUPER LEAGUE 2 GAME AGAINST SOUTHAMPTON

Wilson on the Ipswich game...

"We had a poor start to the game and that cost us, we battled well in the second half but unfortunately gave ourselves too much to do.

"In this league it's tough, we can't afford to do that.

"Our goal was a great finish from Tyler, she's had a couple of chances recently and it was so good to see her get that goal, her first for the club. "

Wilson on her goal-line clearance...

"It's my job to try and do that, Cat made a brilliant save and it just held up.

"It was a good piece of defending but it's really frustrating that we couldn't do more on the day."

Wilson on today's game against Southampton...

"We're looking forward to getting back on the pitch today, especially at home, it's so important that we get back out there and put it right.

"When you're coming off the back of a defeat, you just want to get back on the pitch."

Wilson on Neil Redfearn's appointment...

"Neil is unbelievably experienced within the game, not only within his own playing career, but managing in the men's game and he has had so

much success within the women's game too.

"Having competed against his teams for a long time now, it's great to have him on our side and to be working under him.

"I have so much respect for him and what he is doing with us, and we



WHEN YOU'RE COMING OFF THE BACK OF A DEFEAT, YOU JUST WANT TO GET BACK ON THE PITCH

are fully in and ready to be fighting alongside him for the remainder of the season."

Wilson on the Blue Army...

"We are excited to be back at home today and see everyone again after what feels like a long time.

"We are so grateful for those that travelled to Ipswich, we know it's not easy.

"But we are so happy to be at home, we will be fighting for you and we know you'll be backing us all the way."

Sarah Wilson

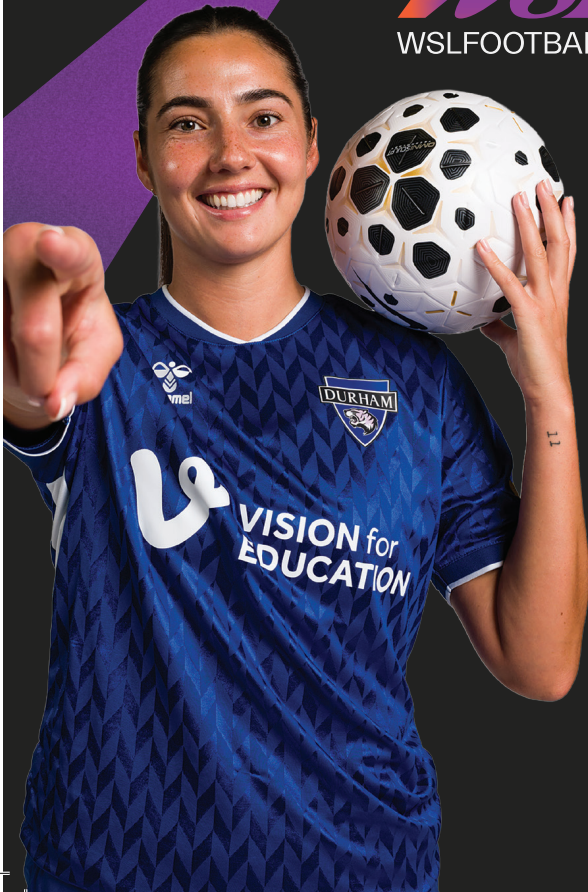
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LAST TIME OUT

IPSWICH TOWN 2-1 DURHAM

It was an unlucky trip on the road for Durham as they suffered a 2-1 defeat against Ipswich Town.

Interim head coach Neil Redfearn made three changes to the side that were beaten by Sunderland as Hannah Blake, Mariana Speckmaier and Dee Bradley were handed starts.

After applying early pressure, the home side took the lead in the seventh minute through Princess Ademiluyi, who slotted the ball home from close range.

Lucy Ashworth-Clifford made it two in 33rd minute, sweeping the ball just past Cat Sheppard.

Mollie Lambert twice came close for Durham but prodded one effort wide before Natalia Negri saved another.

Lucy Watson's free-kick found

the back of the net on the stroke of half time, but the flag was raised for offside after Bradley was adjudged to have interfered with play.

Durham started the second half the stronger team, with a handful of chances and some brilliant defensive efforts.

Substitute Tyler Toland made an unstoppable strike in the 72nd minute from 30 yards out to push Durham back into the game.








Chances continued to come with Grace Collinson denied after cutting in from the right flank and Lily Agg thwarted at the back post after a sustained spell of pressure.

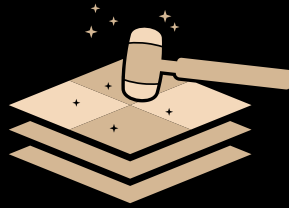
Durham ended the game in the ascendancy with a string of set pieces and plenty of possession, but The Blues were unfortunately left defeated.

STARTING LINE-UP

- 35 CAT SHEPPARD
- 2 GRACE AYRE
- 5 SARAH WILSON
- 7 BETH HEPPLE
- 8 MOLLIE LAMBERT
- 9 LUCY WATSON
- 10 HANNAH BLAKE
- 15 DEE BRADLEY
- 16 GRACE EDE
- 17 MARIANA SPECKMAIER
- 20 MICHAELA FOSTER

KEY MOMENTS

-  7' GOAL IPSWICH
Princess Ademiluyi
-  26' YELLOW CARD
Princess Ademiluyi (Ipswich)
-  33' GOAL IPSWICH
Lucy Ashworth-Clifford
-  42' YELLOW CARD
Dee Bradley (Durham)
-  52' YELLOW CARD
Colette Cavanagh (Ipswich)
-  72' GOAL DURHAM
Tyler Toland
-  77' YELLOW CARD
Ava Baker (Ipswich)



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MY FIRST TEAM...

My first team was Monty Jets (Montague and North Fenham Girls) and I joined them when I was 11. Before then, I just used to play out in the street and at my primary school. I wanted to start playing for a team, and my mam worked with a woman whose daughter played for Monty, so I went along to one of their training sessions and I quickly became part of the team. I was there for a few years before being scouted to play for Durham U14s and I've been here ever since!

MY FIRST FOOTBALL HERO...

I remember when I was younger, I loved Fabricio Coloccini, Andy Carroll and Martin Skrtel. Andy Carroll was even my Facebook profile picture for years, I have no idea why, but I had them on the back of all my football tops!

MY EARLIEST FOOTBALL MEMORY...

My earliest football memory was going to St James Park with school for a tour of the stadium - I think it was only then that I realised how big stadiums were!

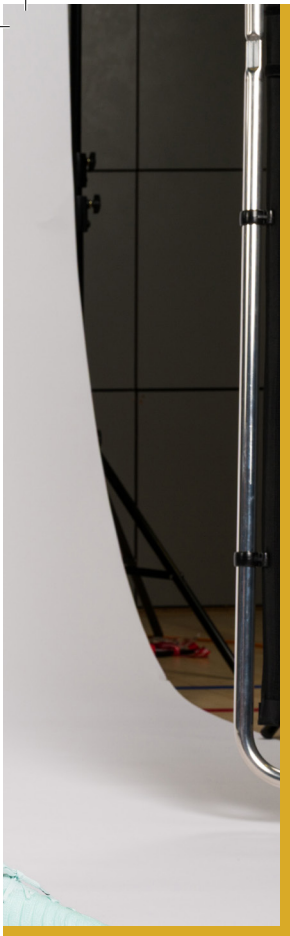
MY ADVICE TO THE NEXT GENERATION...

My advice to the next generation is to keep showing up, work hard every day, and always play with a smile on your face.

Enjoy every moment of it, because that love for the game is what helps you keep improving and has helped me get to where I am today!

BACK TO MY ROOTS

WITH GRACE AYRE





The PFC Trust was set up in 2019 by a small group of like minded individuals who wanted to make a difference. Since then we have awarded over 1.2m in grants / donations to local causes. It is our mission to create positive change in our community.

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THE BIG INTERVIEW BECKY SALICKI

WE CATCH-UP WITH THE LONG-SERVING DEFENDER



Becky Salicki has been a key part of Durham's back line for nearly a decade. Joining the club in 2016, Salicki has made over 200 appearances for The Blues.

In January, Becky announced the exciting news that she is expecting her first child.

And in a sit-down interview with Jane Thwaites, the defender opened up about her exciting new chapter, reflecting on the support that she has received from teammates, staff, and supporters.

Salicki on her pregnancy journey so far...

"It's been a wild but exciting journey!

"It has been a bit of a process getting to where we are now, but we feel so so blessed and lucky to say this has worked for us first time round."

Salicki on finding out she was having a baby boy...

"It's so weird, but I knew so early on that we were having a boy."

"I kept saying 'he' and Beth said you need to stop in case it isn't a boy."

"It was so nice finding out the gender, we had a lovely movement with the closest women in our family to announce the news."

Salicki on the support from her teammates and the club...

"They've been incredible."

"I had so much guilt early on as I felt bad that I was lying to the girls, but it was obviously necessary."

"Now that it is all out there, they've been amazing."

"The club have been super supportive and are giving me everything I need to do whatever I can to be around the team too."

"I'm still taking part in training during the week where I can which is keeping me in touch with the team!"

Salicki on her coaching journey...

"It's been really good, I'm really keen to



learn more about that side of the game.

“Having this time not playing has given me the opportunity to do some more coaching and be around the youth set up.”

Salicki on returning to football...

“I’m really trying to keep my mind and options open regarding my return to football.

“I don’t know how my body is going to react following giving birth, but ideally, I would love to be able to come back and play for Durham.

“We’ve seen it first hand with Mac, coming back from pregnancy twice and she’s absolutely smashed it.

“What a role model to have for my aspirations!”

Salicki on being more active on social media...

“It’s been really good to be fair!

“It’s just remembering to do it and putting the time together to edit the clips, but I’m definitely getting the hang of it now, and Beth is helping too.

“The majority of the stuff I post is on my TikTok (Salicki14) but I show snippets on Instagram too, and there are plans to create a YouTube channel!”



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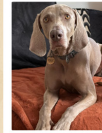






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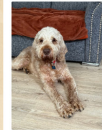
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Adventure Pups Home Boarding

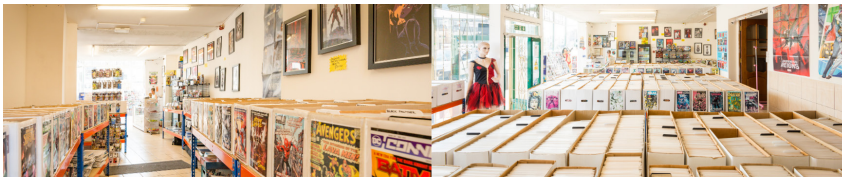
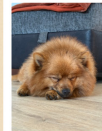


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MEET THE SQUAD



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DEFENDER

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3

LAUREN BRIGGS

DEFENDER

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4

TYLER TOLAND

MIDFIELDER

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5

SARAH WILSON

DEFENDER

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6

SARAH ROBSON

DEFENDER

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7

BETH HEPPLE

MIDFIELDER

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8

MOLLIE LAMBERT

MIDFIELDER

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THE DARL KNIGHT



9

LUCY WATSON

FORWARD

AVAILABLE TO SPONSOR



10

HANNAH BLAKE

FORWARD

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11

ABBI GRANT

FORWARD

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13

ANNA KING

GOALKEEPER

SPONSORED BY:
LEXI BARTLETT



14

BECKY SALICKI

DEFENDER

SPONSORED BY:
BAMBRA & KEY INNS

MEET THE SQUAD



16

GRACE EDE

FORWARD

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17

MARIANA SPECKMAIER

FORWARD

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18

ANGELA ADDISON

FORWARD

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19

ELLA WILSON

DEFENDER

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20

MICHAELA FOSTER

DEFENDER

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21

AMBER STOBBS

MIDFIELDER

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ELITE PAVING & LANDSCAPING



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LEYLA MCFARLAND

FORWARD

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27

ABBEY JONES

FORWARD

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35

CAT SHEPPARD

GOALKEEPER

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15

DEE BRADLEY

MIDFIELDER

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LILY AGG

MIDFIELDER

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SUPPORTERS CLUB

FROM THE BLUE ARMY

Welcome from the DWSC!

After what seems like a lot longer than it probably was, we are back in action at home!

It would be fair to say that we have not been having the best season so far but hopefully we can have a good end to the season and pick up the points we need to ensure a comfortable end to the season and next season in the WSL2.

I know there is not long left of this season but joining up to become a member of the supporter's club is still worth doing!

For your £5 (adults) or £2.50 (under 16) you will still receive a membership card, pin badge, legends poster, discounted entry to Durham Cestria games, personally signed birthday card from your favourite player, as well as exclusive member events and perks.

All of our funds are re-invested into supporting the first team and development teams as well as enhancing the fan's matchday experience, such as assisting the club in bringing the Women's

European Trophy to the North East last month!

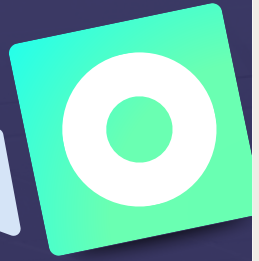
We have also arranged our end of season event at Bede Lodge with the great band Dacoda, a raffle and bingo. Tickets will be priced at a very reasonable £5 - we will have more details soon.

Welcome to Southampton fans who have made the very long journey up, we hope you have a good journey home after the game.

To both sets of fans, enjoy the game!

Happy Birthday to our DWSC members who celebrate theirs in March:

Alyce Topham
Emma Barnett



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A close-up photograph of a soccer player's legs and lower torso. The player is wearing a red jersey and red socks with white stripes at the top. The background is a blurred green field and blue stadium seating. A dark blue vertical bar with a subtle pattern is overlaid on the right side of the image, containing the player's name and number.

10

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THE SOUTHAMPTON VISITORS





THE HEAD COACH



Simon Parker joined The Saints as First Team Head Coach in the summer after a two-year spell in charge of Blackburn Rovers.

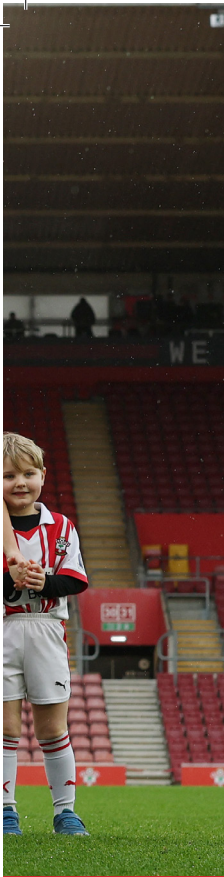
Over ten years ago, Parker worked in the Saints Foundation, before his journey as a Head Coach began at Southampton Women's FC in the FAWNL.

THE SKIPPER



Atlanta Primus joined Southampton in August 2023 from London City Lionesses, off the back of appearing in the 2023 FIFA Women's World Cup.

A Jamaica international, Primus initially featured in the England youth age groups before she switched nationalities to the Reggae Girlz.



SOUTHAMPTON FC WOMEN

AFTER SHARING THE SPOILS ON THE SOUTH COAST EARLIER THIS SEASON, DURHAM AND SOUTHAMPTON LOCK HORNS AGAIN...

LAST TIME OUT



Southampton fell to a 1-0 defeat against promotion contenders Birmingham.

The Saints created the first big chance of the game on an early counter, as Ellie Brazil raced forwards after just three minutes, cutting the ball back for

Aimee Palmer, who had her sweeping effort saved.

Just before the half hour mark, Southampton were close to opening the deadlock, Mary Bashford met an inswinging corner, but her header ricocheted back off the crossbar. .

A great save from Fran Stenson kept Birmingham at bay when Veatriki Sarri found space down the right wing and shot low.

With under 15 minutes to play, after an initial scramble in the area and a goal line clearance from Bashford, substitute Asato Miyagawa tapped the ball home on the rebound - securing three points for Birmingham.

SOUTHAMPTON SQUAD



FRAN STENSON

GOALKEEPERS

Fran Stenson
Ella Pettit



AMY GODDARD

DEFENDERS

Rachel Brown
Milly Mott
Amy Goodard
Tara Bourne
Ellie Hack
Kiera Sena
Jess Simpson
Megan Collett
Isabel Watts



MARY BASHFORD

MIDFIELDERS

Chloe Peplow
Michaela McAlonie
Abbie Ferguson
Mary Bashford
Atlanta Primus
Esta Roberts
Aimee Palmer



RUBY-RAE TUCKER

FORWARDS

Ellie Brazil
Emma Harries
Maria Edwards
Tegan McGowan
Ruby-Rae Tucker



ONE TO WATCH

Ellie Brazil joined Southampton in the summer, following her departure from Barclays WSL2 side Charlton.

The 26-year-old won Player of the Year and Player's Player of the Year for Charlton last season, scoring eight goals in an impressive campaign for the Addicks.

Brazil has spent her entire career at the top level, having also played for Birmingham, Brighton, Tottenham and Fiorentina.



ONE TO WATCH

Jess Simpson joined The Saints in the summer on loan from WSL side Manchester United.

After rising through the ranks at United from the age of 11, Simpson gained her first senior experience on loan with then-WSL side Bristol City in 2023.

In 2024, Simpson made her Manchester United and England Under-23s debut before another loan to Bristol City last season.



PLAYED FOR BOTH

Given the distance between the two sides, it's probably unsurprising that there's very few players who have played for both Southampton and Durham.

Of the current Durham squad, only **Lucy Watson** has previously represented the Saints - having spent the first half of the 2024/25 season on loan with the south coast side.

Alice Griffiths also represented both teams, spending the second half of last season on loan at Maiden Castle from Southampton.



SIGNATURE CONSTRUCTION LTD



Greetings from the Back of the Stand!

As usual, we've had another interesting couple of weeks as Durham supporters, but we carry on!

Last week, I was interviewed about my time around this wonderful club by Laura; who you may often see around the pitch filming and, more likely, have seen the fruits of that work sometimes with my commentary over the top. It was good to reflect on how far and how much this club has changed over the years; what I have witnessed and what the club means to me.

This season has had many ups and downs, but we have been together every step of the way and that is what counts and what will bring us the best times.

It is that togetherness that is Durham WFC. We lost it for a while a couple of seasons ago, but it returned, was nurtured and is now part of us again. We don't want to, and should never, lose it. We should be thankful to those that

brought it back.

Whatever happens in the next couple of weeks, we should always remember where we've come from and what we've been through and what we collectively have now. We should keep those who have been with us along the way in our minds and know that we are playing, singing and cheering along with them and for them.

Another difficult and must-win game today, in what must be one of the toughest leagues in the world! Southampton visit us after a tough game with Birmingham and could still be in with a shout of the Play-Off place.

I hope you can join us inside and outside the ground for live commentary, via www.dhradio.org.uk, we'd love to have you with us.

Let's hear the "Wildcat Roar"! Enjoy the game!

John
@JADMiddy



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FOOTBALL MATHS

BADGE QUIZ



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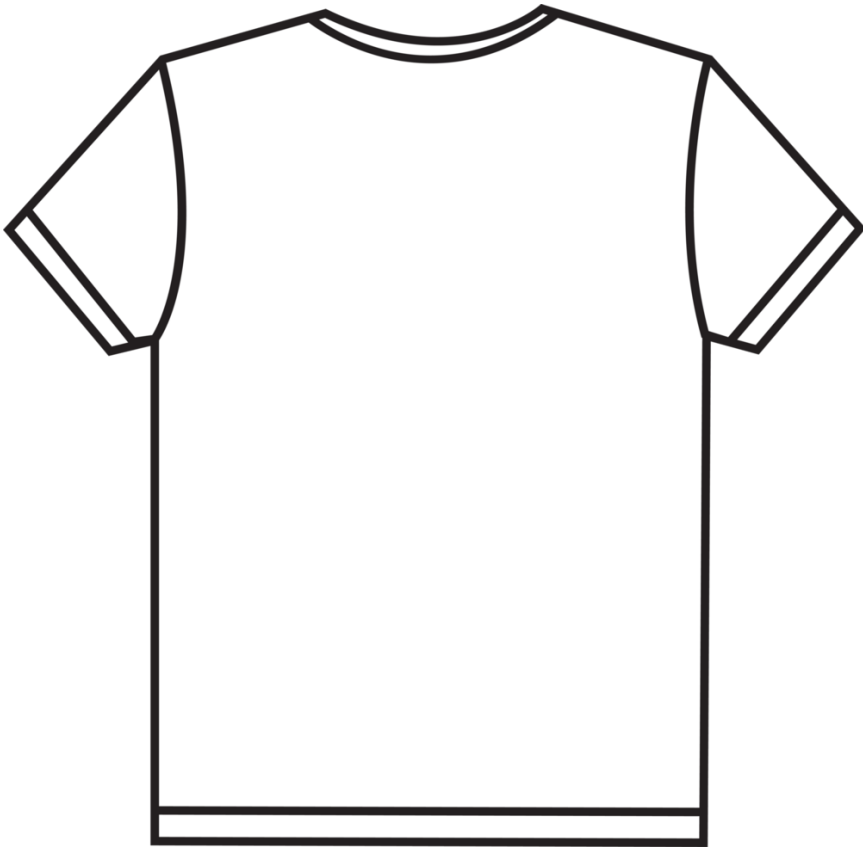
FOOTBALL BINGO

HOW MANY OF THESE CAN YOU SPOT AT TODAY'S GAME?

 <p>DURHAM SCORE A GOAL</p>	 <p>DURHAM</p>	 <p>SPOT OUR MASCOT, CANDY</p>	 <p>THE REFEREE GIVES A CORNER</p>
 <p>DURHAM</p>	 <p>A PLAYER GETS A YELLOW CARD</p>	 <p>THE REFEREE GIVES A GOAL KICK</p>	 <p>A GOALKEEPER MAKES A SAVE</p>
 <p>THE REFEREE GIVES A FREE KICK</p>	 <p>DURHAM HAVE A SHOT</p>	 <p>DURHAM MAKE A SUBSTITUTION</p>	 <p>DURHAM</p>
 <p>DURHAM</p>	 <p>THE REFEREE GIVES A THROW IN</p>	 <p>A GOALKEEPER CATCHES THE BALL</p>	 <p>OFFSIDE!</p>

DESIGN YOUR OWN SHIRT!

DESIGN YOUR OWN DURHAM WOMEN SHIRT BELOW. SEND IT US ON SOCIAL MEDIA AND YOU COULD WIN TICKETS TO AN UPCOMING HOME GAME!



EITHER TWEET YOUR DESIGN TO @DURHAMWFC OR EMAIL IT TO US ON
MARK.DONNELLY@DURHAMWFC.CO.UK

STATS & FACTS

FIXTURES & RESULTS

DATE	OPPONENT			KO	SCORE
7 SEPT	PORTSMOUTH	A	BWSL2	2PM	W 2-0
14 SEPT	CHARLTON ATHLETIC	H	BWSL2	12PM	L 1-2
19 SEPT	SUNDERLAND	A	BWSL2	7PM	L 1-2
24 SEPT	SHEFFIELD UNITED	H	SWLC	7PM	D 1-1*
28 SEPT	CRYSTAL PALACE	H	BWSL2	12PM	D 1-1
5 OCT	BRISTOL CITY	A	BWSL2	2PM	L 1-2
12 OCT	NOTTINGHAM FOREST	H	BWSL2	12PM	W 3-0
16 OCT	LIVERPOOL	H	SWLC	7PM	L 1-2
2 NOV	SHEFFIELD UNITED	A	BWSL2	1PM	L 1-2
9 NOV	NEWCASTLE UNITED	H	BWSL2	12PM	D 1-1
16 NOV	SOUTHAMPTON	A	BWSL2	12PM	D 1-1
23 NOV	SUNDERLAND	A	SWLC	2PM	D 1-1**
7 DEC	IPSWICH TOWN	H	BWSL2	12PM	D 1-1
14 DEC	SHEFFIELD UNITED	H	AWFAC3	12PM	L 0-1
21 DEC	BIRMINGHAM CITY	A	BWSL2	2PM	L 0-3
25 JAN	CRYSTAL PALACE	A	BWSL2	12PM	L 0-4
1 FEB	PORTSMOUTH	H	BWSL2	12PM	W 2-1
8 FEB	BIRMINGHAM CITY	H	BWSL2	12PM	D 1-1
15 FEB	CHARLTON ATHLETIC	A	BWSL2	12PM	L 2-4
20 FEB	SUNDERLAND	H	BWSL2	7PM	L 2-3
15 MAR	IPSWICH TOWN	A	BWSL2	12PM	L 1-2
22 MAR	SOUTHAMPTON	H	BWSL 2	12PM	
29 MAR	NOTTINGHAM FOREST	A	BWSL2	2PM	
5 APR	BRISTOL CITY	H	BWSL2	12PM	
26 APR	SHEFFIELD UNITED	H	BWSL2	12PM	
2 MAY	NEWCASTLE UNITED	A	BWSL2	3PM	

*Sheffield United win on penalties

** Sunderland win on penalties

TODAY'S GAMES

- Durham v Southampton (12pm)
- Birmingham City v Sheffield United (2pm)
- Bristol City v Charlton Athletic (2pm)
- Nottingham Forest v Ipswich Town (2pm)
- Portsmouth v Sunderland (2pm)
- Newcastle United v Crystal Palace (5pm)

LEAGUE TABLE

	TEAM	PLD	PTS	GF	GA	GD
1	CHARLTON ATHLETIC	18	41	26	12	+14
2	BIRMINGHAM CITY	16	32	40	18	+22
3	CRYSTAL PALACE	17	31	32	22	+10
4	BRISTOL CITY	17	27	37	26	+11
5	NEWCASTLE UNITED	16	27	27	20	+7
6	SOUTHAMPTON	17	24	32	21	+11
7	NOTTINGHAM FOREST	17	20	21	30	-9
8	SUNDERLAND	16	19	22	27	-5
9	DURHAM	17	14	21	30	-9
10	SHEFFIELD UNITED	15	14	12	23	-11
11	IPSWICH TOWN	16	14	16	35	-19
12	PORTSMOUTH	18	14	21	43	-22

PLAYER STATS

PLAYER	STARTS	SUB ON	GOALS	YELLOWS	REDS
GRACE AYRE	19	2		5	
LAUREN BRIGGS	18	2		3	
TYLER TOLAND	17	3	1	3	
SARAH WILSON	18	2		4	
SARAH ROBSON	3	8		2	
BETH HEPPLER	20	1	8		
MOLLIE LAMBERT	17	2	4	3	
HANNAH BLAKE	9	6			
ABBI GRANT	2				
ANNA KING	3			1	
BECKY SALICKI	4	3		4	
DEE BRADLEY		1		1	
GRACE EDE	13	2	1		
MARIANA SPECKMAIER	12	2	3	1	
ANGELA ADDISON					
ELLA WILSON	5				
MICHAELA FOSTER	20		2		
AMBER STOBBS	4				
LEYLA McFARLAND	5	13	1		
ABBIE JONES	10	5		1	
CAT SHEPPARD	18			1	
LUCY WATSON	5	10	2	1	
GRACE COLLINSON	1	7			



WE WANT YOUR FEEDBACK!

SCAN BELOW AND LET US KNOW WHAT YOU THOUGHT OF YOUR VISIT TODAY!





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LFF LFF GLAMAL



**RICHARD
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CONSULTANCY



FREEDOM
OFFICIAL CLOTHING
With Members of The Blue Army



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FAMILY**

**SINCLAIR
FAMILY**





CLUB PATHWAY

ALL THE LATEST NEWS

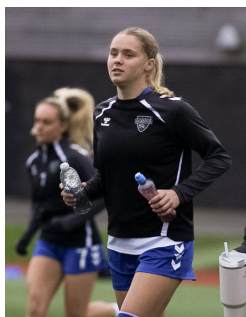


It's a big day today for our Under 16s today as they take part in the PGA Cup Final!

Callum Croft's side take on Arsenal today looking to bring home a second national title in the last three years!

The young Blues beat Southampton in the semi-final to tee-up this showcase game.

Good luck to everyone involved!



We've had more young players represent their country on the international stage!

Lillie Coulson recently featured for Ireland U19s while Macy Bangura has been called up to the England U16s camp again for the Montaigu Tournament in France at the end of March.

Durham Cestria continued their fine form of late with back-to-back wins in the last two weeks!

A 3-2 home with over Wythenshawe was followed up by a 2-1 triumph away at Norton!



Want to find out the latest from the Durham Women FC Pathway throughout the season?

Make sure you're following our dedicated Pathway account on X - @DWFCPathway



UP NEXT

AT MAIDEN CASTLE



SUNDAY 5 APRIL | 12PM KICK-OFF

SCAN HERE
FOR TICKETS

OR VISIT DURHAMWFC.TICKETCO.EVENTS



TEAM NEWS



DURHAM

SOUTHAMPTON

13	ANNA KING	● ● ●	● ● ●
35	CAT SHEPPARD	● ● ●	● ● ●
2	GRACE AYRE	● ● ●	● ● ●
3	LAUREN BRIGGS	● ● ●	● ● ●
4	TYLER TOLAND	● ● ●	● ● ●
5	SARAH WILSON	● ● ●	● ● ●
6	SARAH ROBSON	● ● ●	● ● ●
7	BETH HEPPLE	● ● ●	● ● ●
8	MOLLIE LAMBERT	● ● ●	● ● ●
9	LUCY WATSON	● ● ●	● ● ●
10	HANNAH BLAKE	● ● ●	● ● ●
11	ABBI GRANT	● ● ●	● ● ●
14	BECKY SALICKI	● ● ●	● ● ●
15	DEE BRADLEY	● ● ●	● ● ●
16	GRACE EDE	● ● ●	● ● ●
17	MARIANA SPECKMAIER	● ● ●	● ● ●
18	ANGELA ADDISON	● ● ●	● ● ●
19	ELLA WILSON	● ● ●	● ● ●
20	MICHAELA FOSTER	● ● ●	● ● ●
21	AMBER STOBBS	● ● ●	● ● ●
25	LEYLA MCFARLAND	● ● ●	● ● ●
27	ABBIE JONES	● ● ●	● ● ●
46	LILLIE COULSON	● ● ●	● ● ●
47	LILY AGG	● ● ●	● ● ●
48	GRACE COLLINSON	● ● ●	● ● ●

FRAN STENSON	22
ELLA PETTIT	30
RACHEL BROWN	2
MILLY MOTT	3
AMY GODDARD	5
TARA BOURNE	6
ELLIE BRAZIL	7
CHLOE PELOW	8
EMMA HARRIES	9
MICHAELA MCALONE	10
ABBIE FERGUSON	11
MARIA EDWARDS	12
MARY BASHFORD	14
ELLIE HACK	15
TEGAN MCGOWAN	17
KIERA SENA	18
JESS SIMPSON	19
ATLANTA PRIMUS	20
MEGAN COLLETT	23
RUBY-RAE TUCKER	26
ISABEL WATTS	27
ESTA ROBERTS	35
AIMEE PALMER	66

START
SUB ON
GOAL

START
SUB ON
GOAL

REFEREE: DECLAN BROWN
ASSISTANT REFEREES: FIYINFOLUWA ALADELUSI & ELORA HARDSTAFF
FOURTH OFFICIAL: ABBY DEARDEN